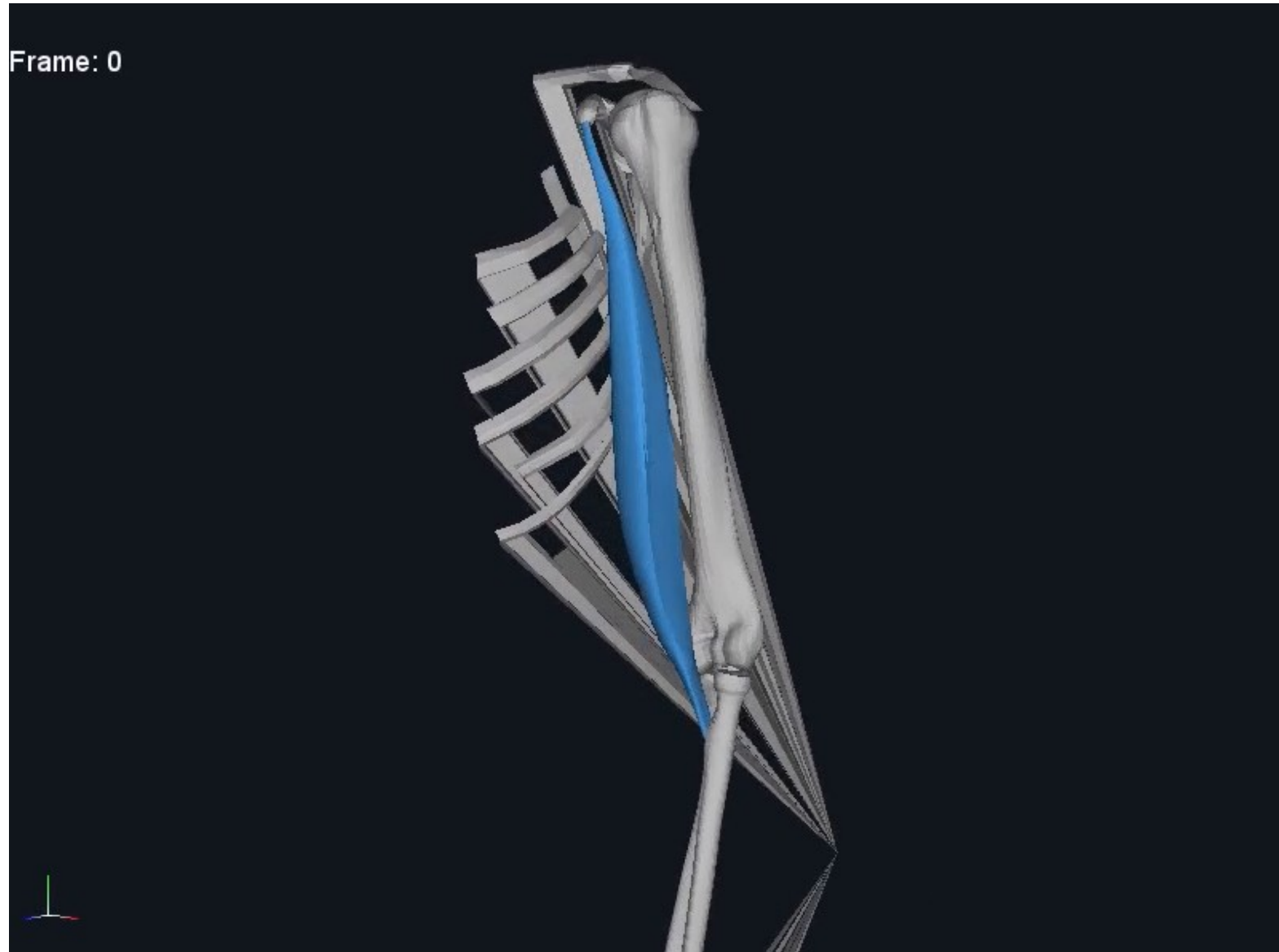
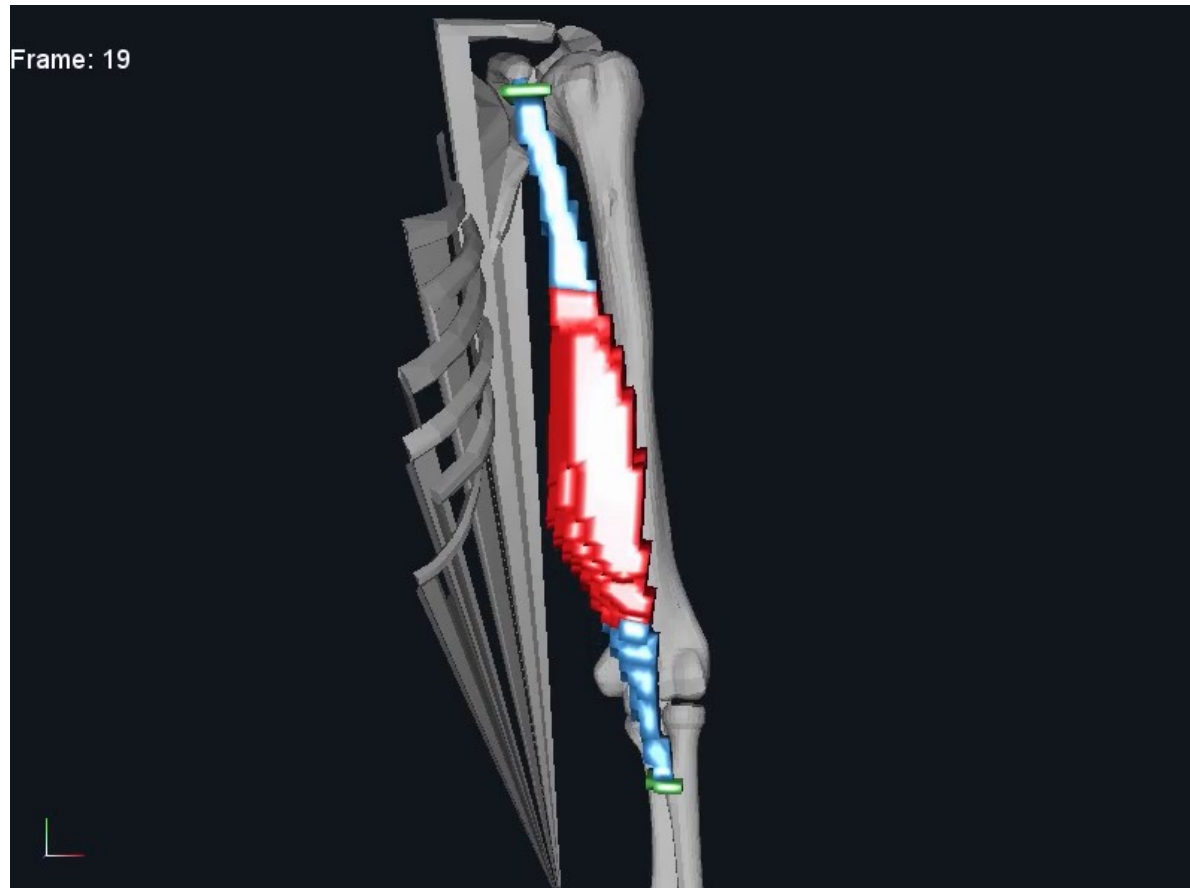


# Volumetric Muscle

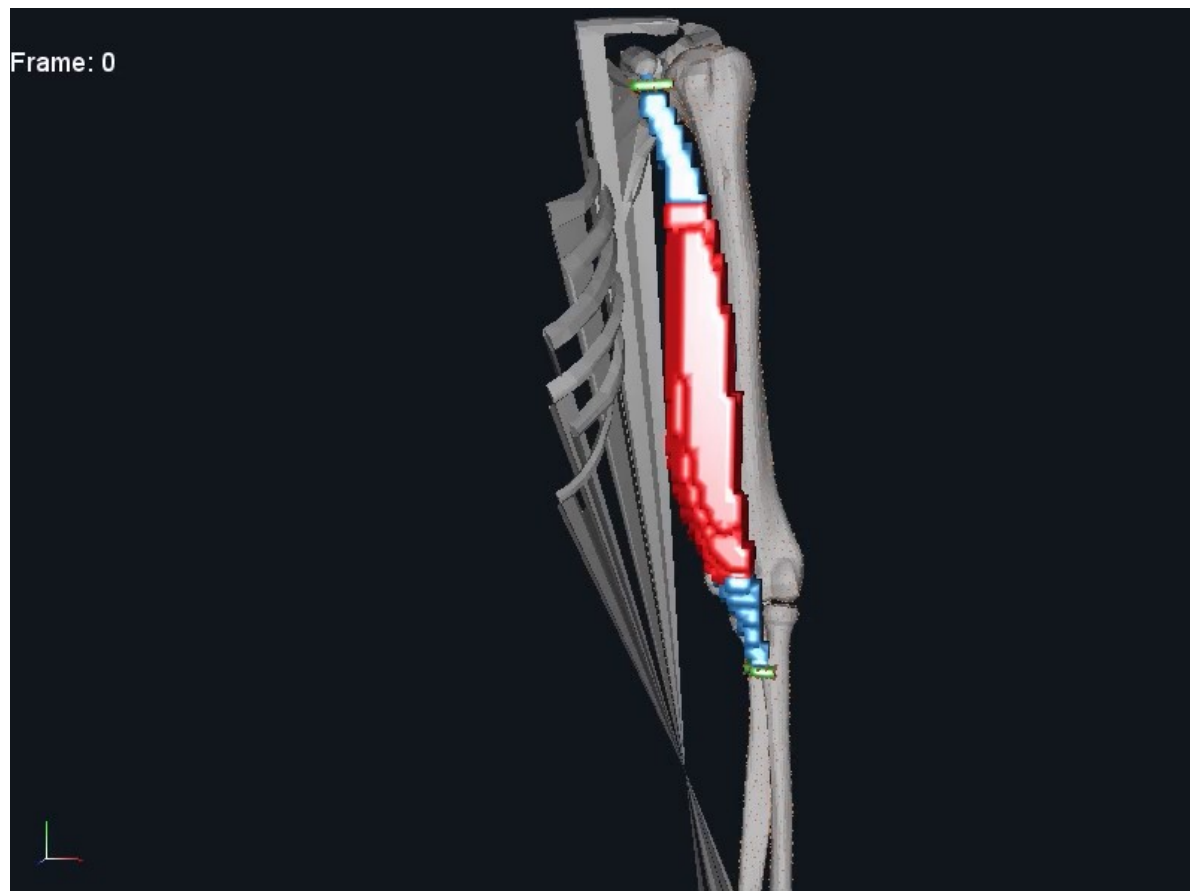
# Biceps model



# Activation



# Convergence



# Forces

